



Advanced Information

People & Permaculture

Designing personal, collective and planetary well-being

By Looby Macnamara

This is the first book to explore how to use permaculture design and principles for people. It widens the definition of permaculture and takes it right into the heart of our own lives, relationships and society. It provides a clear framework and guidance for both experienced permaculturists and people completely new to permaculture, and indeed for anyone who wishes to live a more creative, abundant life.

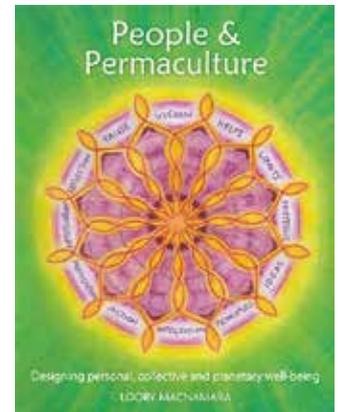
Full of stories, interviews, personal anecdotes and practical exercises with tried and tested, step by step techniques. *People & Permaculture* is a pioneering guide to creating a positive and regenerative world.

People & Permaculture is a powerful, hands-on guide that will help you to:

- Enhance your well-being with profoundly effective tools for self-care and regenerative thinking
- Improve the dynamics and well-being of your relationships, family, groups and communities with simple and creative methods
- Empower yourself with over 50 practical activities
- Create spirals of health, real wealth and abundance
- Forge a wider vision for all of our social systems
- Explore how to expand our feelings of connection across the globe
- Learn about permaculture; a potent blend of common sense, magic and design
- Discover the Design Web, a versatile framework for initiating positive change in any aspect of life
- Connect with a bigger vision of possibility for yourself and humanity.

ABOUT THE AUTHOR:

Looby has been teaching permaculture since 2002, and is partner of a leading teaching and consultancy venture, Designed Visions. She runs traditional introduction, full and advanced permaculture design courses, as well as teacher training. She specialises in People and Permaculture courses, including Design Immersion weeks, Social Permaculture and Cultural Emergence.



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