



**Permanent
Publications**

Advanced Information

7 Ways to Think Differently

**Embrace potential, respond to life,
discover abundance**

by Looby Macnamara

The thoughts and actions of people past and present have determined the current state of our planet. If we change our thinking, we can change the health of our own lives, and also the future state of our world. *7 Ways to Think Differently* explores ways to address personal, social and environmental concerns in simple practical steps in our daily lives, helping us to make incremental, achievable changes.

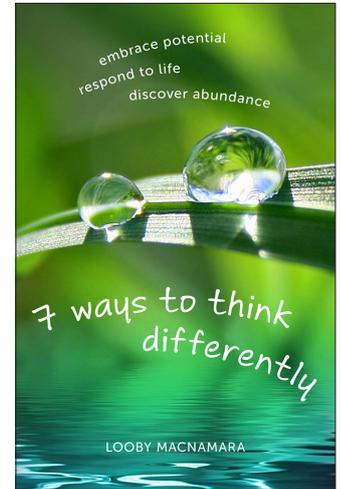
As well as addressing our internal landscapes, Looby explains how individuals and communities can work together to achieve positive change. She also explores the current political and mainstream paradigms and where they are leading us.

Learn about:

- Abundance thinking
- Systems thinking
- Co-operative thinking
- From thought to action
- Solutions thinking
- Thinking like nature
- Thinking for the future

These ways to think differently are influential alternatives to the current mindset and can shift us to a better present, as well as setting us on a trajectory towards a better future. This is for anyone who wants to make a difference in the world. Looby offers potent medicine for a world full of challenges.

ABOUT THE AUTHOR: Looby Macnamara is author of *People and Permaculture*, the first book to explore the application of permaculture principles and design to all aspects of our lives. Looby has taught permaculture since 2002 and is a partner in a leading teaching and consultancy partnership, Designed Visions. She is renowned for her ability to enthuse people to engage with their natural environment and inspire them, individually and collectively, to bring about positive change, both for ourselves and for the Earth.



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Foreword by

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