Edible Cities
Urban Permaculture for Gardens, Balconies, Rooftops & Beyond

by Judith Anger, Dr Immo Fiebrig & Martin Schnyder
Preface by Sepp Holzer

Want to grow food but have nothing larger than a balcony, windowsill or a piece of wall? No problem! This is a gardening book with a difference. It will help you to grow your own fruit, vegetables, herbs and even mushrooms in small spaces in the most ecological way possible. Edible Cities shows you why the urban landscape can be a great place for permaculture. Discover inside:

- Principles of permaculture
- Worldwide examples of urban gardening projects
- Ideas for flats and balconies
- Green roofs
- Vertical gardening & urban beekeeping
- Guerrilla gardening & successful community projects
- Illustrated practical techniques with clear instructions
- Preface and contributions by Sepp Holzer
- Urban case studies from cities all over the world.

Packed with inspiration and practical, fully-illustrated ideas, discover how people around the world are inventing new growing opportunities and making them a reality with few resources and a lot of creativity. Find out how you too can plan and create your own urban growing paradise.

ABOUT THE AUTHORS: Judith Anger is a freelance events promoter in Vienna. In 2011, she started the PermaVitae organisation to develop permaculture training. Dr. Immo Fiebrig is a qualified pharmacist, scholar and professional communicator in permaculture and health. Martin Schnyder is a trained landscape gardener and has been working as a self-employed gardener in central Switzerland since 1997.