



Permanent  
Publications

# Book Information

## Permaculture In A Nutshell

By Patrick Whitefield

Preface by Jonathon Porritt

Permaculture is a creative approach to abundant and fulfilling lifestyles. It is for everyone wishing to live sustainably and tread more lightly on the Earth.

Permaculture is an ecologically sound approach to providing for our needs, including our food, shelter and financial and social structures. It is based on co-operating with nature and caring for the Earth and its people.

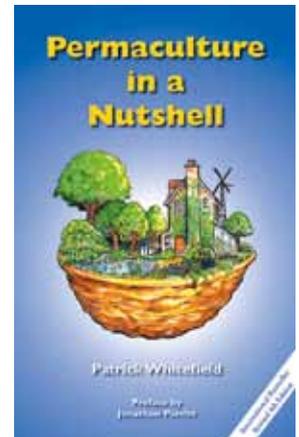
*Permaculture in a Nutshell* is a concise and accessible introduction to the principles and practice of permaculture in temperate climates. It covers how permaculture works in the city, the country and on the farm and explores ways in which people can work together to recreate real communities.

This inspiring book clearly describes how we can live fruitfully and sustainably, and is essential reading for anyone wishing to reduce their environmental impact.

This hugely popular publication is now in its 7th edition. Small and concise, *Permaculture in a Nutshell* gives a grounding in permaculture, after which you can either move on to more detailed reads suggested at the end of the book, or run off to get started in your permaculture practice!

*...a new era requires hard-headed and creative thinking, and you'll find plenty of that in these pages.*

Jonathon Porritt



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## What people are saying about PERMACULTURE IN A NUTSHELL

This excellent little book serves as a very good introduction to the subject. This excellent little book serves as a very good introduction to the subject, covering all the basic elements of the subject, as well as illustrating it with examples more relevant to this climate than many of the Australian books. It is a great little book to give to people who know nothing about permaculture. It is beautifully illustrated and is the only permaculture book that you can fit in your back pocket (if you have large back pockets).

*Rob Hopkins of the Transition movement*

This little book furnishes a practical agricultural roadmap for moving away from a deceptive global ethos of entitlement, greed, impractical resource depletion and unsupportable infrastructure. Those who read this tiny volume take the first step toward a real stewardship ethic which must surely replace today's attitudes, lest Western Civilisation - or even humanity - perish.

*S. Siegal, Planet Earth*

Permaculture is still a topic not understood by many and *Permaculture in a Nutshell*, a revised edition of a book first published in 1993, serves to explain the principles and practice of permaculture in a temperate climate. This book will certainly wet the appetite of anyone wishing to reduce their environmental impact and be part of the move to a more sustainable society.

*Review on [healthylifeessex.co.uk](http://healthylifeessex.co.uk)*

Though this book is less than a hundred pages long, it has enough detail to get you started on some serious practical projects. The information on 'making a mulch bed' transformed my stony, undiggable back yard into a highly productive vegetable garden in just one growing season, with very little effort (and thankfully no digging!). The book also includes plenty of contact details for taking permaculture further, which, after reading *Permaculture in a Nutshell*, you will be unable to resist!

*R. Griffiths*

What a great little book: as with many nuts - there is a whole lot of protein and other good things in a small package!! The book is a great introduction to permaculture, perfect for the beginner who wants to know about farms, gardens, and city living and not just to specialise in one area. It has great examples and is very well written, and has a great biblio at the end to give lots of info sources. To sum up, its a great mulch from which to grow ideas!

*Mr. T. Carr*

Clearly written, full of easily applied suggestions and complete with a section giving details on further reading and useful contacts, this book should be required reading for all budding permaculturists. After a short but compelling introduction to the key issues, the bulk of the book is divided into explorations of the subjects which most people will be keen to learn about: 'In The City', 'In The Garden', 'On The Farm' and 'In The Community'. *Permaculture In A Nutshell* gives plenty of useful ideas on urban solutions. Perhaps best of all, this book makes you want to act. Clearly written, full of easily applied suggestions and complete with a section giving details on further reading and useful contacts, this book should be required reading for all budding permaculturists.

*Rob Weston*

This is a great introduction to the concept of permaculture. I enjoyed the book so much I went and did a course with Patrick. Both are highly recommended.

A. COTTON

Patrick Whitefield has done a marvellous job of introducing the worldview and techniques of permaculture to beginners. Give it a read and rediscover what our ancestors knew but we've forgotten: that humans must live in harmony with nature or cease to live.

Kerry Walters

## ABOUT THE AUTHOR:

Patrick Whitefield is a British permaculture teacher, designer, and author of *Permaculture in a Nutshell* (1993), *How to Make a Forest Garden* (2002), *The Earth Care Manual* (2004), and *The Living Landscape, How to Read it and Understand it* (2009) and *Tipi Living* (2011). He has been an influential British exponent of the permaculture movement since 1990, and has appeared in several television programmes, including the BBC's *It's Not Easy Being Green* (2006) and *A Farm for the Future* (2008).



Patrick grew up on a smallholding in Somerset and qualified in agriculture at Shuttleworth College in Bedfordshire. He has experience of farming in Britain, the Middle East and Africa, and has been involved in organic gardening, nature conservation, country crafts and green politics. He offers various permaculture courses at Ragmans Lane Farm, Gloucestershire.