



Book Information

How to Make a Forest Garden

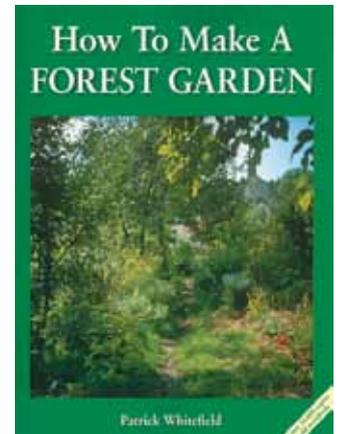
By Patrick Whitefield

A step-by-step guide to creating a 'maximum output for minimum labour' food producing garden, designed using the ecological principles of a natural woodland.

Highly practical and inspiring, *How To Make A Forest Garden* tells you everything you need to know in order to create a beautiful and productive forest garden, including:

- Basic principles
- Layout
- How to choose plants
- Details of over one hundred plants, from apples to mushrooms
- A comprehensive account of perennial and self-seeding vegetables
- A step-by-step guide to creating your garden
- Full details of an example garden, with pictures of many more

A forest garden is a food-producing garden, based on the model of a natural woodland or forest. It is made up of fruit and nut trees, fruit bushes, perennial vegetables and herbs. It can be tailored to fit any space, from a tiny urban back yard to a large rural garden. A close copy of a natural ecosystem, it is perhaps the most ecologically friendly way of gardening open to us, as well as being a low-maintenance option. Once established there is none of the digging, sowing, planting out and hoeing of the conventional kitchen garden. The main task is picking up the produce!



First published 1996, 3rd edition reprinted 2012

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274mm x 183mm

Illustrations: 25 b/w line drawings and 70 diagrams

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File:

Environment

DIY

Garden

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Enterprise in the Sustainable
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The Sustainability Centre
East Meon, Hampshire GU32 1HR
Tel: 01730 823 311
Fax: 01730 823 322
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Web: www.permaculture.co.uk
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What people are saying about HOW TO MAKE A FOREST GARDEN

Patrick Whitefield's excellent book gives numerous practical details of the steps that many of us can take to realise this alluring vision.

Robert Hart

Patrick Whitefield has succeeded in writing an enjoyable and timely book which will appeal to anyone who yearns to produce food sustainably. Organic gardeners, permaculture designers and growers, ecologists and conservationists will love it. It covers all aspects of designing, planting and maintaining a forest garden; details useful and less obvious plants, from fruit trees to mushrooms; mulching and no-dig methods. It is both a manual of forest gardening and an important text for permaculture in temperate climates

Malcolm New

This book is inspirational and practical. It shows how to create an ecosystem of food-producing plants, whether you have a large garden or a few yards of spare ground. The plants are arranged to replicate a woodland or forest environment, with the emphasis on low maintenance and production of food (fruit, nuts, vegetables) throughout the year. Each plant type is described in a very readable manner, with details such as basic growing requirements (soil, light, water), eventual size and yield. Although familiar plants such as rhubarb, raspberries, apples, plums are described, less common but equally viable varieties such as medlar and quince, even kiwis, are treated in equal detail.

Alan Smith

For those with any amount of land who want it to be productive and efficient, here is a book that: Addresses low energy living holistically (from houses to heating to food production); Recommends approaches to growing food all year without overuse of machinery; Chooses crops and approaches that fit with human-powered activity; and Sets you on the right path on nearly any issue of sustainable living.

Excellent reading for those who wish to prepare for the day when the world will not be so comfortable.

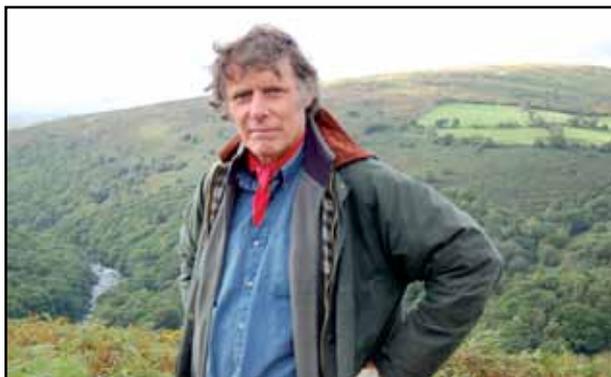
James McLaren

The most inspiring gardening book I have read in a long time, and an excellent source of information, even if you are not particularly interested in planting a full scale forest garden. The sections on trees, bushes and perennial vegetables in particular are a mine of practical advice on how to grow these, and would be of interest to anyone contemplating growing anything from rohan or whitebeam to good king henry, through a variety of fruit bushes. Buy it for your nearest and dearest gardener at the first occasion.

Christophe Mouze

ABOUT THE AUTHOR:

Patrick Whitefield is a British permaculture teacher, designer, and author of *Permaculture in a Nutshell* (1993), *How to Make a Forest Garden* (2002), *The Earth Care Manual* (2004), and *The Living Landscape, How to Read it and Understand it* (2009) and *Tipi Living* (2011). He has been an influential British exponent of the permaculture movement since 1990, and has appeared in several television programmes, including the BBC's *It's Not Easy Being Green* (2006) and *A Farm for the Future* (2008).



Patrick grew up on a smallholding in Somerset and qualified in agriculture at Shuttleworth College in Bedfordshire. He has experience of farming in Britain, the Middle East and Africa, and has been involved in organic gardening, nature conservation, country crafts and green politics. He offers various permaculture courses at Ragmans Lane Farm, Gloucestershire.