



New Book Information

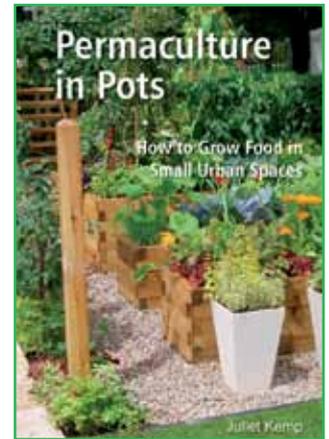
Permaculture in Pots How to Grow Food in Small Urban Spaces By Juliet Kemp

In these times of soaring food prices, growing food in cities is becoming the big urban trend. As demand far outstrips supply for allotments, *Permaculture in Pots* shows you how to get started with whatever space you have available - appealing to those who feel powerless to meet their own subsistence needs through lack of growing space.

Month by month we learn what to grow on a balcony or in a container garden, using low impact permaculture principles. It doesn't matter when you pick up the book and start your journey of container gardening - wherever you are in the year, open the book to that chapter, and it'll tell you what you should be doing.

Each month's section details chores to be done; how to plan ahead for the next season; and which fruit and veg to be sowing, growing and eating. There are recipes, photos and anecdotes from Kemp's experience growing food on her small balcony in Southwark; Kemp is warm and self-effacing, and makes an excellent guide. Each month has its own herb, with growing tips and culinary and medicinal uses for each.

As uncertainty rises about whether those outside the property ladder will ever get to own their own home, *Permaculture in Pots* gives power and opportunity back to generations who are becoming more aware of the need of self-sufficiency, and yet find themselves in rented homes with concrete where gardens once were. There's no excuse not to get started!



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What people are saying about PERMACULTURE IN POTS

ABOUT THE AUTHOR

Juliet Kemp lives in London with her partner, dog, and baby son. She has recently acquired a (very small) garden and a new north-facing garden (two whole new permaculture designs to plan and execute!), and still does plenty of container growing. Permaculture in Pots was written from experiences gleaned from gardening her Southwark flat's balcony, where she lived until she recently moved.

When not writing (fiction or non-fiction) or pottering about her plant-growing spaces, Juliet enjoys cycling, climbing, knitting, and making/upcycling all sorts of things. After several years of learning about and using permaculture, Juliet completed the Permaculture Design Course at the Earth Activist Training 2011 course, which she found incredibly inspiring.

