



The Visionary Spirit Awakening to the Imaginal Realm in the Transformocene Age

by Mick Collins

The Visionary Spirit offers a vision of hope which points to a new era of emancipatory living that Mick Collins calls the Transformocene Age. In a masterfully crafted manual, Mick Collins draws on the wisdom and knowledge of the imaginal realm, where dreams, myth and synchronicity help us to re-align to the natural world and to our innate wholeness. He describes a transformative process, from the Anthropocene and our current scale of planetary destruction, to a new era of wisdom and balance.

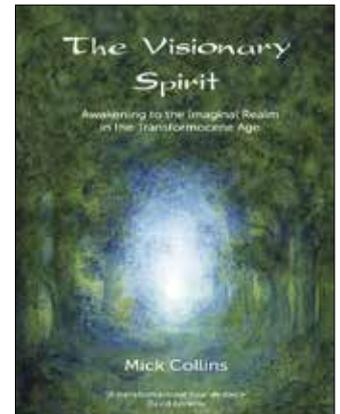
Drawing inspiration from diverse fields such as the sacred feminine, indigenous wisdom, daimons and near-death experiences, this book is enlivened by fascinating, real-life stories of people who have engaged in deep processes of psycho-spiritual change. *The Visionary Spirit* is a radical manifesto for soulful and creative living. At the end of each chapter there is an exercise, providing opportunities for experiential reflection, aiding the reader on their personal journey.

This is not just a deep exploration of human transformation, it is a radical proposition for new ways of living creatively, spiritually, harmoniously and responsibly on planet Earth.

“... a wonderful contribution to the activation of our total human potential for these troubled times.” *Dr Arnold Mindell, Founder of Process Oriented Psychology*

ABOUT THE AUTHOR:

Mick Collins PhD has worked for many years as an NHS occupational and psychological therapist. He worked for 10 years as a lecturer at University of East Anglia, Norwich. He now spends his time writing and working as a holistic coach. His previous book, *The Unselfish Spirit* won the 2014 Scientific and Medical Network book prize.



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